Program:	PSG.CERT Polysomnography Certificate (12 credits)		Division: Health Professions
Student:		ID#:	Catalog Year: 2026-2027

SEMESTER BY SEMESTER MAP FOR FULL-TIME STUDENTS
Courses are listed in preferred order of completion. Plans may be modified by adding more semesters.

SEMESTER 1 – Fall Semester 1 (2 credits)
Legend: All = Fall/Spring/Summer; OL = Online

Course Type	Course#	Course Name	Cr.	Pre-requisites/ Co-requisites	Semesters
Major	PSG 100	Medical Terminology for Polysomnography	2	HS Diploma/GED	Fall & OL

SEMESTER 1 – Fall Semester 2 (2 credits)
Legend: All = Fall/Spring/Summer; OL = Online

Course Type	Course#	Course Name	Cr.	Pre-requisites/ Co-requisites	Semesters
Major	PSG 101	Cardiopulmonary Structure and Function for Clinical Practice	2	PSG 100	Fall & OL

SEMESTER 2 - Winterim (2 credits)
Legend: All = Fall/Spring/Summer; OL = Online

Course Type	Course Number	Course Name	Cr.	Pre-requisites/ Co-requisites	Semesters
Major	PSG 102	Foundations of Polysomnography	2	PSG 101	Winterim & OL

SEMESTER 3 – Spring Semester 1 (2 credits)
Legend: All = Fall/Spring/Summer; OL = Online

Course Type	Course Number	Course Name	Cr.	Pre-requisites/ Co-requisites	Semesters
Major	PSG 103	Polysomnographic Instrumentation and Data Acquisition	2	PSG 102	Spring Hybrid

SEMESTER 3 – Spring Semester 2 (2 credits)
Legend: All = Fall/Spring/Summer; OL = Online

Course Type	Course Number	Course Name	Cr.	Pre-requisites/ Co-requisites	Semesters
Major	PSG 104	Scoring, Analysis, and Reporting in Polysomnography	2	PSG 103	Spring Hybrid

SEMESTER 4 – Summer (2 credits)
Legend: All = Fall/Spring/Summer; OL = Online

Course Type	Course Number	Course Name	Cr.	Pre-requisites/ Co-requisites	Semesters
Major	PSG 105	Applied Polysomnography Internship	2	PSG 104	Summer Clinical Location/ OL

- To progress through the program, all polysomnography courses must be completed with a "C" or

better.

- All polysomnography courses must be taken in progression.
- Only two (2) attempts to pass a PSOM course will be permitted. An attempt is defined as a course in which a grade of "D" or "F" is recorded on the transcript.
- Students must pass all competencies and internship successfully to pass the course and program
- A program certificate of completion will be provided after all program requirements have been met including internship hours.
- Clinical Internship: Note that clinical rotations for the program take place during the evening and overnight hours.

Program Narrative

Polysomnography is an allied health specialty that deals with the diagnostic evaluation and management of patients with neurological and sleep abnormalities. This one-year program provides students with the knowledge and technical skills needed to work in the field of sleep technology. Students will learn about human biology, sleep physiology, respiratory care, and the use of advanced polysomnographic equipment to diagnose and treat sleep disorders.

The program is hybrid, meaning students will complete the majority of their coursework online while attending in-person lab sessions one day per week. Additionally, students will gain real- world experience through a 960-hour supervised clinical internship at a sleep center.

Program Entry Requirements

- Copy of HS Diploma or GED
- Students must be 18 years of age or older.
- Criminal Background Check
- FBI fingerprint check
- Must be computer literate; and have internet access.
- Health Physical - Once accepted into the program, students will be required to complete a health physical and be cleared by a licensed health care provider to perform the duties of a practicing Sleep Technologist.
- Meet Essential Abilities
- Child abuse screening
- Tuberculosis testing
    - Option 1: 2-step TST
    - Option 2: Gamma Release Assays (IGRAs) (Quantiferon Gold (QFT-G or T- Spot)
    - If positive result:
        - If a student has a prior history of a positive TST result or blood assay for M. Tuberculosis, the student is required to have a provider complete a TB symptom questionnaire and provide documentation of a negative chest x- ray within the past 3 years. The results must be negative for disease.
- Influenza Vaccine (if externship/clinical is performed between October and March)
- Hepatitis B vaccination or declination form
- Urine Drug & Alcohol (negative panel)
- Tetanus shot (less than ten years)
- Proof of health insurance
- A photocopy of a current (and for the duration of all clinicals) CPR Certification will be required for clinical sites, Certification must be from the American Heart Association- CPR Certification for the Health Care Provider

*Sections of these courses offered in the Honors Program, check https://www.racc.edu/academics/honors-program for details. **Online (OL)** may not be offered every semester. Please check the schedule.

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